

# WORDS CAN WORK®

*Knowing the issues, talking with kids.*

## **Boston Public School personnel training in the delivery of *Depression: True Stories***

“I was just at a school that had a student in the nurses office who was depressed/ suicidal. Her mother refused to come and she had been previously hospitalized (x 2). I felt perfectly comfortable sitting with her, helping the nurse and administrators with a plan. I can't thank you enough. Also last week one of the people from the training came up to me and said she was able to help a student with depression and a referral the very next day! I've been to many depression and suicide workshops but never felt the level of competence in working with kids that I felt today.”

**Sarah O'Donnell, RN, MPH, Safe and Drug-Free Schools  
Unified Student Services, Boston Public Schools**

“Excellent training! Needs to be replicated for all psyche, nursing, and student support staff. The practical application model so enhanced my ability to help students.

**Nurse/Teacher  
Alternative Education**

“Very informative. Dr. Gold is very knowledgeable and it was great to hear real situations.

**Guidance Counselor  
East Boston High School**