

PPT Express Autumn 2004

Review of *Words Can Work: When Talking With Kids About Sexual Health*

By Jeanne Lindsey

Blake, Jeanne. ***Words Can Work: When Talking With Kids About Sexual Health.***

Wonderful little book to help parents talk with their children about sexuality issues, emphasizing talking about your family's beliefs and values. I wish I'd had it when our five children were young. I don't think I was especially afraid to talk about sex with them, but I certainly didn't go looking for opportunities to do so. And that's a real issue – finding (creating, if necessary) teachable moments. Puberty, relationships, age for initiating sex, STIs, birth control, condoms, sexual orientation, and more are all discussed simply, rationally, and realistically. I recommend it not only for parents, but for the classroom. Students whose parents didn't talk with them about sexuality are likely to find this title helpful.