

WORDS CAN WORK

Deciding What's Important

One of my goals in life is:

Here's how that goal could be affected if I drink alcohol:

If I couldn't achieve that goal because of a choice I made about alcohol I'd feel:

One person in my life who would be extremely upset if I were injured because I drank alcohol is:

If I saw that person suffer because of a poor choice I made, I'd feel:

Here's how I expect to feel when I reach my goal.
